

Go Bag Checklist

Safe phone and phone charger

It is best to always have a safe phone with you in case of emergencies. JCADA can provide a burner phone.

Legal documents

This can include but is not limited to passports, birth certificate, ID card/driver's license, car title, marriage certificate, copy of mortgage or lease, copy of protection order, immigration documents or green card.

Medicines, prescriptions, and medical devices

Children's legal documents and medications

Health insurance cards and immunization records

Cash, debit cards, and prepaid cards

If using a credit card, it is important to be sure that only you can access the banking information.

Emergency phone numbers and addresses of family, friends, and shelters

Toiletries

Toothbrush, toothpaste, soap, period products, etc.

Change of clothes

Including coats, hats, gloves, extra socks.

Car keys

Keepsakes

Religious or ritual items

