

HEALING IS A PROCESS. JCADA IS HERE TO HELP YOU THROUGH IT!

Individuals can receive JCADA's clinical services in addition to or separately from JCADA's legal services. These services are offered **free of charge** and given to all residents of the Greater Washington DC community 14 years of age and older without regard to race, national origin, ability, background, faith, gender or sexual orientation.

To get more information or speak with a member of the JCADA Clinical Staff, call 1-877-88-JCADA (52232) or email support@jcada.org.

CLINICAL SERVICES

JCADA is able to provide victims and survivors of power-based violence the following services at any of JCADA's locations:

- Confidential helpline support;
- Safety planning;
- Crisis counseling;
- Individual counseling and therapy;
- Alternative therapy programs (e.g. yoga, art therapy, poetry workshops); and
- Education and therapeutic support groups.

JCADA's clinical services are **free** and **not time-limited**. JCADA also does not charge insurance for services received. Individuals can see their JCADA clinician for as long as it takes for them to become empowered and live safely. All JCADA clinicians are licensed and have expertise in trauma and the complexities of power-based violence.

COMMON QUESTIONS

Do I have to be Jewish to be seen? No. JCADA sees all individuals needing help, regardless of faith.

Do I have to disclose my immigration status to receive services? No. JCADA does not ask clients for information regarding their immigration status. If you have concerns about your legal status due to the abuse, that is something JCADA can assist you with.

English is not my preferred language/I am hard of hearing. Can I still be seen? Yes! JCADA will provide all individuals who need assistance in another language access to an interpreter if the staff is unable to accommodate that need. JCADA strives to provide high-quality services to all residents of the Greater Washington DC area and will work with all clients to lower any barriers they may face.

I am concerned for a friend or loved one. Can JCADA still help me? Yes - JCADA receives hundreds of calls a year from the friends and family of individuals in abusive relationships. If you are looking for help on how to talk to your friend or loved one, or just want to know the resources available for them, JCADA is happy to help you on our free and confidential helpline: 1-877-88-JCADA(52232).