

JCADA

GREATER
WASHINGTON
JEWISH
COALITION
AGAINST
DOMESTIC
ABUSE

ANNUAL REPORT
FOR 2019

OUR MISSION

SUPPORT victims of power-based violence to become empowered and live safely;
EDUCATE the community about power-based violence and appropriate responses; and
PREVENT future generations from suffering power-based violence.



DEAR FRIENDS,

JCADA was founded by a coalition of women who recognized the prevalence and impact of domestic violence in the Jewish community and the need for an organization to support and counsel the victims. In its first year, JCADA had a tiny staff and budget, and helped 3 victims. Over the following 18 years, JCADA's services to the wider Washington area community have grown and solidified. Some of the impressive and humbling data from our recently-completed 19th year includes a staff of 20 as well as interns and volunteers. We provided free counseling to 330 victims and survivors of power-based violence in Maryland, Virginia, and the District of Columbia; free legal services to 173 clients; free victim advocacy services to 132 clients; and 145 prevention, education, and *AWARE*® programs, to over 3,800 adults, teens and youth.

We have grown that tiny budget to \$1.3M, with over \$850,000 in government grants. With your support, we've come a long way in 19 years. We've been able to support victims and survivors, educate the community, and help prevent abuse and power-based violence in future generations. But there's still more to do. We're confident that with your continuing support, we will keep moving forward.

Amanda Katz *Susan Schor*



SUSAN SCHOR
President



AMANDA KATZ
Executive Director

WHO WE ARE

BOARD OF DIRECTORS

Susan L. Schor, Esq., President

Amanda Goldstein, Governance Chair/ Secretary

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Vicki Berman, Development Strategist

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Joyce Schneider, Prevention, Education and Training Liaison

Judy Sherer, LCSW-C, Clinical Liaison

Nancy Weisberger, Member at Large

Amy Hackmeyer Wish, Member at Large

And we thank Liza Levy, Lisa Reiner, Rabbi Michael Safra, Laurence Schor, Arielle Nathan Teitelbaum and Barbara Zakheim for their service on our Board these past years.



STAFF

Leadership

Amanda Katz, MS, Executive Director

Cortney Fisher, JD, PhD, Deputy Director

Prevention, Education and Training Team

Laura Kovach, Director of Prevention, Education and Training

Jordan Babin, AWARE® Program Manager

Legal and Advocacy Team

Spencer Cantrell, Esq., Legal Program Director

Jacob Ravick, Esq., Staff Attorney

Tova Zimm, Victim Advocacy Manager

Rebecca Grbinich, Victim Advocate

Elizabeth Belanger, Program Assistant

Tahoe, Hero Dogs Facility Dog

Clinical Team

Rahel Schwartz, PhD, LCSW-C, Clinical Director

Heather Geldon, LCSW-C, LICSW, LCSW, Clinician

Brooke, LGSW, Clinician

Odelya Kadosh, MA, MS Ed., LGPC, Clinician

Andrea Ortiz, LCSW-C, Clinician

Ronny Kempenich, LGPAT, LGPC, Clinician

Jessica Laigle, LMSW, MPH, Clinician

Brendan Carroll, LMSW, Clinician

Outreach and Engagement Team

Jennifer Hirsch, Director of Strategic Engagement

Lillian Robbins, Client Service Coordinator

WHAT WE DO

CLINICAL

JCADA offers direct support to those affected by power-based violence through clinical, legal and victim advocacy services. All direct client services are offered free of charge to clients at JCADA.

JCADA's clinical team makes use of cutting edge, evidence-based strategies to help people process trauma. JCADA's Clinical Director is certified in Eye Movement Desensitization and Reprocessing (EMDR)®, and many of our clinicians are also able to provide this therapy. JCADA clinicians were also trained in Somatic Experiencing® and Sand Tray therapy. These innovative therapies can be life changing for many clients.

Client Workshops Offered in the Past Year:

Ongoing Parenting Support Group

Yoga

Technology & Safety Planning

Ongoing Spanish Language Support Group

Art Therapy

Mindfulness & Mindful Knitting

Acupuncture

Creative Writing

Interviewing Skills

In FY 19, the Clinical Program assisted 330 individuals who received in-person, individual counseling and 281 individuals who received counseling via JCADA's confidential Helpline.

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WHAT WE DO

LEGAL

JCADA's Legal Services Program provides victims of power-based violence with direct legal representation in Protective Orders, Peace Orders, and Crime Victims' Rights Representation.

JCADA's Legal Access Program also works to empower victims by:

- Providing legal information, education, and resources;
- Referring clients to legal services or an attorney who may be able to offer free consultations or pro bono assistance, depending on the type of case and income; and
- Hosting legal seminars and "Know Your Rights" presentations for victims and the legal community on a variety of topics.



In FY 19, the Legal Program assisted 173 total clients. Seventy-two of those clients were provided direct representation in crime victims' rights cases or representation in a protective or peace order proceeding. An additional 152 clients received other legal information and referrals through JCADA's Legal Access Program. JCADA hosted Resiliency Workshops on Family Law, Protective Orders, Crime Victims' rights in Maryland, proceeding as a Pro Se litigant, and a Know Your Rights Seminar for Immigrants.

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WHAT WE DO

ADVOCACY

JCADA's newest initiative is our Victim Advocacy Program. Launched in January of 2018, this program has expanded to fill a tremendous gap in services offered to our clients. JCADA's Victim Advocacy services include:

- Providing assistance with basic necessities (grocery or gas gift cards);
- Case management;
- Utilizing community resource and referral partners to secure financial, transportation, clothing, relocation, and employment assistance;
- Emergency cell phones;
- Court accompaniment as well as accompaniment to other hearings;
- Managing JCADA's volunteer financial planner;
- Helping apply for public benefits and other government programs;
- Helping clients enroll in the Address Confidentiality Program;
- Assisting clients with applications or paperwork for a variety of case needs; and
- Safety planning.

In FY 19, the Victim Advocacy Program assisted:

132 clients to meet their basic needs;

clients to receive over \$13,000 in financial support;

27 clients in securing housing;

6 clients with childcare; and

7 clients with court accompaniment.



This year, JCADA also added a Facility Dog to the Victim Advocacy Team. Tahoe was trained at Hero Dogs, Inc. He is available to meet with clients in sessions and accompany them to court or other hearings.

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WHAT WE DO

PREVENT

In order to prevent power based violence, JCADA developed the *AWARE*® program prevention initiative for youth and young adults in 6th grade to college. Since creation in 2009, *AWARE*® has engaged over 14,000 teens, parents, and educators.

During the 2018-2019 school year, the *AWARE*® program:

- Visited 41 schools, facilitated 125 workshops with 3,456 participants in attendance;
- Increased our presence and number of workshops in Montgomery County Public Schools;
- Partnered with Men Can Stop Rape and the Men of Strength Clubs in Washington, DC;
- Presented at the first annual Working to End Rape Culture (WERC) Summit at Georgetown University; and
- Led multiple *It's Not Love*® sessions at the Annual Choose Respect Conference high school youth in Montgomery County.

As the recipient of the 2019 JTEEN Philanthropy grant to enhance and improve our program evaluation, we are engaging in a thorough review of our *AWARE*® and Education and Training curriculum in 2020.

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WHAT WE DO

EDUCATE

JCADA facilitates workshops and provides ongoing training and consultation about power-based violence for communities, schools, and leaders. Our workshops vary in topic and scope as we train on subjects related to domestic abuse, sexual and workplace harassment and elder abuse. We provide:

- Clergy trainings and an online resource center;
- Power based violence workshops and training for service providers and community members;
- Community forums;
- Conference sessions;
- Lunch and learns; and
- Educational panels on domestic violence.

In the past year, Education and Training has facilitated power-based violence workshops for staff at the Charles E Smith Life Communities, including elder abuse and PTSD training for healthcare staff; facilitated Fairfax County Tier One and Tier Two Training for service providers on topics such as healing and trauma and working with survivors from religious minority communities; and provided workshops for providers on working with observant religious minorities.

In response to the growing need for training and education in the workplace, JCADA created the Building Better Allies (BBA) program. BBA is a certification program that helps organizations, agencies, and faith communities better understand, prevent, and respond to incidents of power-based violence. Through a series of interactive workshops, individualized consultations, and a review of internal policies and practices, BBA provides a training and education experience uniquely suited for each participating organization. BBA will launch in the fall of 2019.

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WHAT WE DO

ENGAGE

COMING in 2020...Friends of JCADA: A Community Engagement Program

Friends of JCADA invites members of the Greater Washington, DC area to become part of the movement to eliminate power-based violence in our community. Through Friends of JCADA the community has an opportunity to actively engage with our organization and become part of the movement. Friends of JCADA will be an important part of JCADA's efforts to end power-based violence in our society while supporting and empowering those who continue to be victimized.

Friends of JCADA will...

- Receive regular communication from JCADA including details about our important work and how to stay engaged;
- Receive invitations to quarterly "Lunch & Learns" to learn more about the dynamics of power-based violence, appropriate responses and how you can help;
- Be invited to attend communal events where JCADA is featured;
- Be asked to support advocacy efforts through emailing, calling, or writing legislators, showing up at advocacy days; and
- Have an opportunity to participate in specialized trainings and workshops.

Friends of JCADA commit to giving annually to JCADA.

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WHO DO WE HELP

JCADA serves clients from the Greater Washington Metropolitan Region. Clients access JCADA from a variety of different sources, including friends, family, other victim service providers, clergy, and by reading our bathroom signs. On average, JCADA clients have earned higher education levels than the general population in the Greater Washington area; showing yet again that power-based violence affects people across education levels, socio-economic statuses, and zip codes. JCADA serves all clients regardless of religion, but given our strong connections to the Jewish community, 45% of JCADA clients identify themselves as Jewish. Other clients have self-identified as Christian, Buddhist, Muslim, Sikh, and Yazidi. Ninety-two percent of our clients are female. This past year, our clients ranged in ages from 14 to 87. JCADA especially appreciates the challenges facing older adults, including the range of power-based violence included in the definition of elder abuse. JCADA's talented staff included professionals who speak Spanish, Hebrew, and German, and therefore attract a number of clients with limited English proficiency.



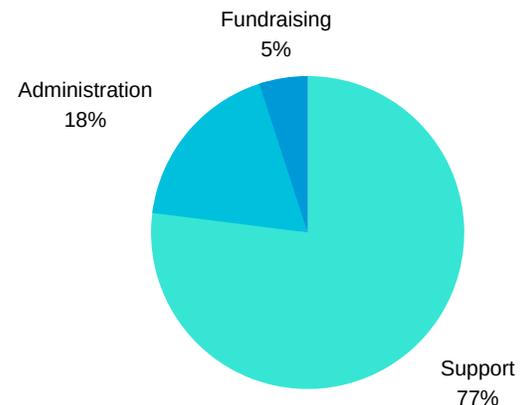
JCADA is committed to providing high-quality services to all residents of the Greater Washington, DC community without regard to race, color, immigration status, national origin, ability, background, faith, sexual orientation, sexual expression or gender identity.

FINANCIAL OVERVIEW

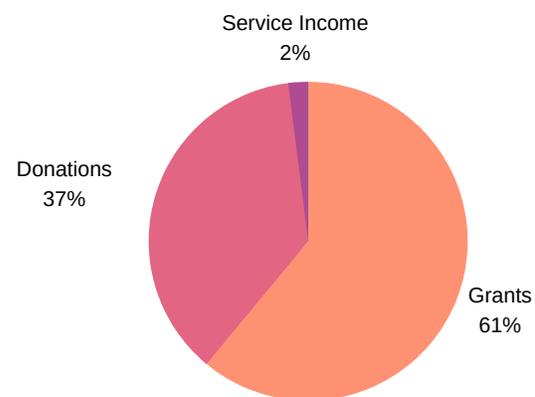
Thank you to the following foundations and granting agencies for your support!

Anonymous (2)
The Aviv Foundation
Bender Foundation, Inc.
The Colen Foundation, Inc.
Commonwealth of Virginia Department of Social Services
DC Office of Victim Services and Justice Grants
The Jewish Federation of Greater Washington
JTeen Philanthropy
Maryland Governor's Office of Crime Control and Prevention
Mayberg Foundation
The Morningstar Foundation
Montgomery County Council
Montgomery County Office of the Sheriff
Norman R. Rales and Ruth Rales Foundation
Tikkun Olam Women's Foundation

EXPENSE
\$1.3 M



REVENUE
\$1.4 M



JCADA's 2019 5k & Wellness Day raised \$60,000. Additionally, this year JCADA launched a Wellness Day Component with 20 wellness partners. Attendees had the opportunity to interact with other agencies also involved in ending the cycle of power-based violence in a family-friendly way. We were thrilled to have Montgomery County Councilmember Sidney Katz kick off the event, Congressman Jamie Raskin give encouraging remarks at the Wellness Fair, and to have Montgomery County Executive Marc Elrich award JCADA with a Proclamation of Support.



SAVE THE DATE!
JCADA 5K & WELLNESS DAY
MAY 3, 2020



Partner Agency of
The Jewish Federation
OF GREATER WASHINGTON



THANK YOU FOR YOUR SUPPORT OF JCADA
AND BEING PART OF THE MOVEMENT TO END
POWER-BASED VIOLENCE!

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